

JULY 2018

LEARNING ON WEDNESDAY



"Complementary Medicine: Massage and Chiropractic Medicine for Improved Health"

Join speakers, Dana Cook, LMT (Branson West Therapeutic Massage) and Pam Shae, Practice Representative (Elite Chiropractic) for an enlightening presentation focusing on massage and chiropractic practices. Learn ways to stay young with improved spine health and body management, the different massage techniques used, contraindications of massage, exploration of tools used during a massage, how essential oils can enhance a massage and how massage can loosening up the muscles making a chiropractic adjustment easier.

Where: Kimberling Area Library
Community Room

When: July 11, 2018

Time: 10:00 a.m.

(coffee and breakfast bread provided)

Everyone is invited. Free to all. No registration required.

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